

## Fayetteville Bed & Breakfast

### Group Cycling Weekends

Fayetteville Bed and Breakfast offers to help organize cycling weekend options for groups of guests wanting to enjoy a weekend of cycling in the area.

Our B&B will sleep a maximum of 8 guests, and we have linked with several other B&B owners in Fayetteville so that we can help you to accommodate much larger groups. We can contact other nearby B&B's and arrange reservations for the dates you desire.

For example, additional sleeping accommodations are available at the Fayette House, which will sleep a maximum of 8 guests. The rate is \$105.00 per night double occupancy and \$20.00 per additional person (plus 6% tax). In addition, the Chicken Coop sleeps 5 people at a rate of \$85.00 per night double occupancy and \$20.00 per additional person (plus 6% tax). To make direct reservations for these accommodations, call Yvonne McCowen at 713-777-5333.

Fayetteville Bed and Breakfast can organize a Saturday night wine tasting on our great back porch before dinner. There will be an additional charge of \$10.00 per person (payable to Fayetteville Bed and Breakfast) for attending this activity with your group.

### Coaching Options:

Coached group rides and seminars for 10 or more participants can be organized upon request for an additional fee. The rate for these coached activities is \$10.00 per hour per participant. The coached sessions will be organized by Bill Edwards, USAC Category I Elite Cycling Coach (please refer to [www.PerformanceEdge-r.com](http://www.PerformanceEdge-r.com)).

Examples include: How to use your gears in hills, how to train for riding in the hills, how to climb more efficiently, how to train for enjoying longer rides, how to change a flat tire, how to be safer and more confident on your bike, etc. Seminars can be tailored and adapted to any specific cycling needs for your group.

For Group Reservations Contact: Bill Edwards, 281-859-8723 (Office & Home); 281-463-0873 (Cell)